

Additional Resources Suggested by Dr. Melmed

- ADHD Mindfulness books for children by Raun Melmed, MD
 - Marvin's Monster Diary – ADHD Attacks (But I Rock it, Big Time)
 - Timmy's Monster Diary: Screen Time Attacks! (But I Tame It, Big Time)
 - Harriet's Monster Diary – Awfully Anxious (But I Squish It, Big Time)
 - Marvin's Monster Diary 2 (+ Lyssa): ADHD Emotion Explosion (But I Triumph, Big Time)
 - Marvin's Monster Diary 3: Trouble with Friends (But I Get By, Big Time!)
 - Marvin's Monster Diary 4: Neighborhood Bully (But We Stand Up, Big Time)
- Learn About ADD/ADHD for parents
 - advance.com- excellent info on strategies and skill building
 - Attention Magazine. Join CHADD 800-233-4050
 - Screen Smart Parenting by J Gold-practical strategies to help foster your child's healthy relationship to technology
 - The ADD/ADHD Checklist by S. Rief -Great strategies
 - Late, Lost and Unprepared
 - Smart But Scattered: Dawson
- School and Learning Accommodation Ideas
 - Learning To Learn by Frender-Study skill and learning strategies
 - How to Reach and Teach ADD/ADHD Children by S Rief
 - How to Reach and Teach in the Inclusive Classroom by S Rief
 - Teaching Teens with ADD and ADHD by Chris Dendy